

Policy Informing Practice & Practice Informing Policy



South West Glasgow's Experience

John Casey
Health Improvement Practitioner
South West CHCP



South West Glasgow
Community Health & Care Partnership

Policies & Action Plans

- Eating For Health: A Diet Action Plan For Scotland (Scottish Office 1996)
- Improving Health In Scotland: The Challenge *“Promote the preparation & provision of meals which offer a balanced diet”* (Scottish Executive 2003)
- A Call to Debate: A Call to Action: A Report on the Health of the Population of NHS Greater Glasgow & Clyde 2007-08 (NHSGG&C 2007)
- Healthy Eating, Active Living: Action Plan 2008-2011 (Scottish Government 2008)
- Recipe for Success (Scottish Government 2009)
- Preventing overweight & obesity in Scotland: A route map towards healthy weight (Scottish Government & CoSLA 2010)



South West Glasgow
Community Health & Care Partnership

South West Community Health & Care Partnership

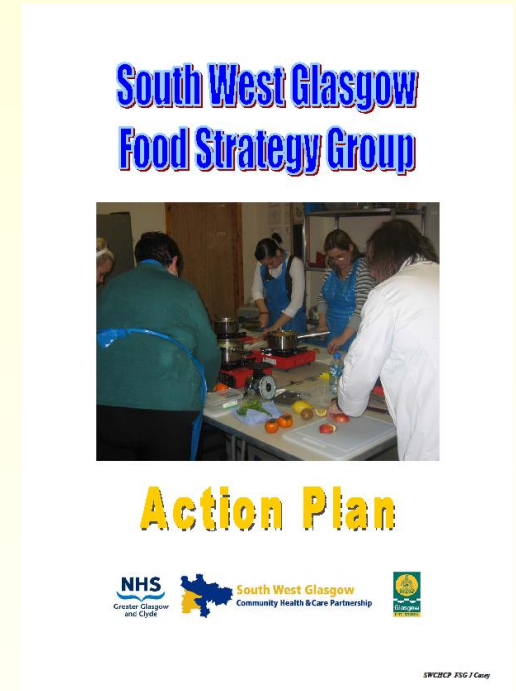
- SWCHCP 2008-09 Development Plan identified food & nutrition as key health improvement issue.
- Strategic Health Partnership recognised the need to increase individuals skills to support the health education messages.
- SWCHCP Health Improvement Team appoint a HIP with a focus on food & nutrition.
- Develop a local Food Strategy Group and Action Plan



South West Glasgow
Community Health & Care Partnership

Our Strategy

- **Reduce Health Inequalities in South West Glasgow**
- Identify partners to form the South West Food Strategy Group.
- Identify and co-ordinate existing food & nutrition work.
- Monitor and evaluate food & nutrition work.
- Meet priorities in local & national policies & strategies.
- Consult with local people to identify food & nutrition issues.
- Deliver practical food & nutrition sessions in the local community



Policy Into Practice

- **Practical Food Programmes**
 - ❖ Get Cooking Get Shopping
 - ❖ Cookery Demonstrations
 - ❖ Healthy Weight Communities.
- **Community engagement**
 - ❖ Verify current work is still a priority.
 - ❖ Identify new areas of work.
- **Training & Development**
 - ❖ Delivery of Participatory Appraisal training.
 - ❖ Provide REHIS Nutrition Skills Course training.



South West Glasgow
Community Health & Care Partnership

Value of Networks

- **Health Improvement Nutrition Network**
 - ❖ Share ideas & good practice
 - ❖ Provide shared information & training
 - ❖ Support Health Improvement staff
- **Food, Fluid & Nutrition HI Sub Group**
 - ❖ Ensures flow of information between SWFSG & F,F& N Planning & Implementation Group.
 - ❖ Co-ordinates food activity in NHSGG&C area.
 - ❖ Workforce Development.
- **Community Food & Health Scotland**
 - ❖ Support & information.
 - ❖ Events, training & conferences.
 - ❖ Key partner on delivering Health Improvement & reducing inequalities.

**Health Improvement Nutrition Network
Development Session
14th May 2010, 10-3pm
The Pearce Institute, Govan**

Contents:

Summary of event	p1-2
Overview	
Format of the Day	
Next Steps and Recommendations	

Appendices

	p3
1. Agenda	
2. Attendance list and contact details	
3. Presentations	
4. Workshop write up	
5. Contact details for Glasgow Council on Alcohol teams across Glasgow	
6. Health Improvement Nutrition Network Evaluation May 2010	

