

**Community Food and Health (Scotland)
Small grant recipients 2008/2009
(listed by NHS Board area)**

Ayrshire and Arran NHS Board Area

Age Concern Broomlands & Bourtreehill, Irvine

Grant awarded: £1220.45

Purpose: crockery, cutlery and kitchen utensils for elderly lunch club

Ayrshire Initiatives, Ayr

Grant awarded: £3000.00

Purpose: healthy eating initiatives for 16+ homeless

East Ayrshire Council, Kilmarnock

Grant awarded: £500.00

Purpose: equipments and ingredients for cookery skills programme for young people 12-19

East Ayrshire Women's Aid, Kilmarnock

Grant awarded: £1571.24

Purpose: training and education on healthy eating on a budget (Oh So Good Food sessions)

Kilbirnie Youth Project, Kilbirnie

Grant awarded: £873.50

Purpose: ingredients and equipment for after-school healthy eating activities

NHS Ayrshire & Arran, Girvan

Grant awarded: £2620.00

Purpose: cookery sessions at home for participants in the Best Fed Babies scheme

Scottish Association for Mental Health, Stevenson

Grant awarded: £603.50

Purpose: equipment for gardening project

Sorn Educational Trust, Sorn

Grant awarded: £965.58

Purpose: equipment and food for healthy snack provision

Borders NHS Board Area

Burnfoot Community School, Hawick

Grant awarded: £910.00

Purpose: ingredients and resources for 8 week project for parents and carers (Tots to the Table project)

Ishuze Youth Action Project, Peebles

Grant awarded: £491.00

Purpose: soup and smoothie project: provisions and equipment for youth project

Lanark Lodge Day Service, Duns

Grant awarded: £1635.50

Purpose: to start and sustain a vegetable garden

Dumfries & Galloway NHS Board Area

'The Base' Summerhill Senior Youth Group, Dumfries

Grant awarded: £2000.00

Purpose: provisions and equipment for cooking activity group (the Hot and Cool Chill Zone)

Fife NHS Board Area

ENERGI, St Monans

Grant awarded: £3000.00

Purpose: weekly shopping trips and cooking classes for groups

Gourmet Gannet, Leven

Grant awarded: £2980.95

Purpose: equipment for community cafe

Scottish Christian Alliance, Glenrothes

Grant awarded: £1110.00

Purpose: to run cookery classes based in established homeless projects

St Ninians Church Homelessness Awareness Group, Leven

Grant awarded: £1500.00

Purpose: healthy food on a budget cooking classes providing kitchen starter pack on completion

Forth Valley NHS Board Area

Active Forth, Grangemouth

Grant awarded: £675.00

Purpose: Active Forth weight management programme

Alloa Family Centre, Alloa

Grant awarded: £1368.00

Purpose: cooking group for young carers/parents/parents to be

Bannockburn Health Visiting Team, Bannockburn

Grant awarded: £900.00

Purpose: equipment, crèche and hall hire for family cooking group

Camelon Community Project, Falkirk

Grant awarded: £2984.90

Purpose: equipment and taster sessions in community café

Carmuir Primary School Parent Council, Falkirk

Grant awarded: £703.58

Purpose: equipment and food hygiene training for healthy tuck shop

Claremont Primary School, Alloa

Grant awarded: £1998.98

Purpose: growing project to provide produce for healthy tuck shop

Let's Make It Better, Stirling

Grant awarded: £2300.00

Purpose: food activity workshops at Sunlite café

Scottish Society for Autism, Alloa

Grant awarded: £1818.00

Purpose: development of allotment and greenhouse for the William Simpson vegetable garden

Secondary Schools Support Service, Alloa

Grant awarded: £1912.00

Purpose: to run sessions for pupils and carers to buy and prepare healthy meals (Cooking with Confidence)

Westfield Park Community Centre Management Committee, Falkirk

Grant awarded: £2062.00

Purpose: equipment and training for cooking classes

Grampian NHS Board Area

Cults Primary School, Aberdeen

Grant awarded: £1980.00

Purpose: workstations for cooking classes

Harvest Community Church, Peterhead

Grant awarded: £2300.02

Purpose: cooking club for adults (Taste and See project)

St Machar Academy, Aberdeen

Grant awarded: £1700.00

Purpose: set up of health promoting tuck shop for S1 and S2 pupils

Sunnybank Community Centre, Aberdeen

Grant awarded: £2270.00

Purpose: cooking classes for young mums and dads

Greater Glasgow and Clyde NHS Board Area

East End Kids and Co, Glasgow

Grant awarded: £2898.00

Purpose: Get Cooking, Get Shopping workshops

Glenburn School, Greenock

Grant awarded: £1310.00

Purpose: cooking classes (Back to Basics for Parents)

Home Start Glasgow South

Grant awarded: £2014.00

Purpose: Healthy Home-Start Kick Start – ingredients and resources

Jogging Buddies, Paisley

Grant awarded: £1150.00

Purpose: resources for 8 week healthy eating, active living programme

Knowetop Community Farm, Dumbarton

Grant awarded: £2950.00

Purpose: equipment for Knowetop Café

Lodging House Mission, Glasgow

Grant awarded: £1820.00

Purpose: healthy eating and life skills project

North Glasgow Community Food Initiative

Grant awarded: £1260.00

Purpose: small scale food production and cookery skills (the Green Food Hit Squad)

Preparation for Life (NCH Scotland), Alexandria

Grant awarded: £2650.05

Purpose: cooking sessions for homeless young people

Women Moving On, Alexandria

Grant awarded: £300.30

Purpose: equipment and ingredients for cooking sessions

Highland NHS Board Area

Achahoish Primary School, Lochgilphead

Grant awarded: £150.00

Purpose: food and equipment for cooking project

Mid Argyll Cancer Care Support Group, Ardrishaig

Grant awarded: £2189.00

Purpose: programme promoting healthy eating before, during and after cancer care

Quarriers Oban Rooftops, Oban

Grant awarded: £608.50

Purpose: 10 week cookery programme for young single homeless mums

Lanarkshire NHS Board Area

Sikeside Primary and Nursery School, Coatbridge

Grant awarded: £616.00

Purpose: healthy eating project for parents and children

St Brendan's Primary School, Motherwell

Grant awarded: £2998.29

Purpose: cooking programme for children and parents (the Clever Cooks Club)

Townhead Primary and Nursery School, Coatbridge

Grant awarded: £900.00

Purpose: provisions and equipment for cooking classes

Toss Theatre/Youth Group, Bellshill

Grant awarded: £1932.00

Purpose: to develop a piece of drama on eating disorders and diet and health

The Clydesdale Community Food Market, Carluke

Grant awarded: £1650.00

Purpose: pilot food market project

The Haven Caring Counselling Communication Centre, Blantyre

Grant awarded: £2984.00

Purpose: healthy eating workshops (Food for Thought project)

Lothian NHS Board Area

Black Community Development Project, Edinburgh

Grant awarded: £2275.00

Purpose: the World Café – training for volunteers

Blackburn Early Years Action Group, Livingston

Grant awarded: £1634.76

Purpose: cooking equipment and ingredient for healthy weaning and early feeding activities (Wean the Weans project)

Pilton Community Health Project, Edinburgh

Grant awarded: £2920.00

Purpose: development of healthy tuck shops in four primary schools

Randolph Crescent Hostel, Edinburgh

Grant awarded: £1062.00

Purpose: starting a fruit and veg garden for residents

Tayside NHS Board Area

Cair Scotland, Dundee

Grant awarded: £2676.00

Purpose: healthy eating programmes for young people

Gowans Child and Family Centre, Perth

Grant awarded: £630.00

Purpose: Lifeskills cookery group for parents and children under 5

Southton Smallholding, Perth

Grant awarded: £2197.00

Purpose: set up and fit out of a second polytunnel and repair existing

Western Isles NHS Board

Barra Pre School, Barra

Grant awarded: £1949.96

Purpose: Good 4U project – equipment for healthy meal provision, and plants for community garden